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PROJECT UPDATES

Receives Top State  
Preservation Honors

**Beach Park  
Dining Hall**

DES MOINES

**Farmers  
Market**

OPENING DAY

SUMMER 2016

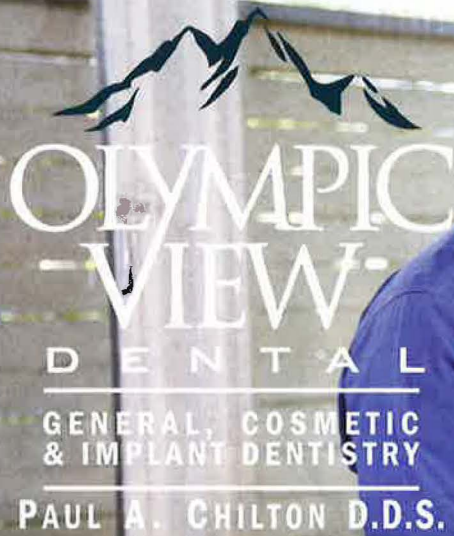
# CITY CURRENTS

DES MOINES

Des Moines Parks, Recreation & Senior Services GUIDE BACK







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# On the flip side...

## Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the **SUMMER** schedule.

- Camp KHAOS schedule - Register now!
- Get Out and Have Fun: Outings to gardens, restaurants, performances and travel abroad!
- Sign up your team for softball, soccer and flag football.



# 2016 SUMMER

## What's Inside

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# Council Highlights

## City Council Highlights from February-April

Ordinance 1643-1648  
Resolution 1324-1329



### Held Public Hearings:

- Adult Entertainment Zoning, Ordinance 1644
- Pacific Ridge Commercial Zone Mixed Use Limitations, Ordinance 1645

### Approved the Following Action:

- Animals in Unattended Motor Vehicle, Ordinance 1643
- Purchase of Vehicles and Equipment
- General Employee Group Mandatory Furloughs, Resolution 1324
- Opposition to the proposed Methanol Plant in the City of Tacoma, Resolution 1325
- Surplus Property-Vehicles and Equipment, Resolution 1326
- Approved Annual Multi City Human Services Funding Program
- Approved Interlocal Agreement with the City of Normandy Park for Police Department Services at Special Events
- Approved Task Order Assignment for Low Impact Development Integration Project with Parametrix
- Approved South 268<sup>th</sup> Street Sidewalk Improvements-Design Task Supplement with Parametrix
- Approved Replacement of Copiers
- Set Public Hearing Date for Update to City of Des Moines Critical Area Regulations, Resolution 1327
- Set Public Hearing Date to Amend Allowed Uses and Development Regulations for the W-C Woodmont Commercial Zone, Resolution 1328
- Surplus Property – 2006 Ford Focus, Resolution 1329
- Approved Lower Massey Creek Improvements (Channel Modifications) Project with Reed Trucking and Excavating, Inc.

- Automated Red-Light Running Enforcement Cameras, Ordinance 1647
- Approved 2016 Budget Amendment and Task Order Assignment for the S 251<sup>st</sup> Storm Outfall Project, Ordinance 1646
- Marina Pay Parking Options
- Approved Collective Bargaining Agreement with International Association of Machinists and Aerospace Workers District Lodge 160 Representing the Court Clerks
- Approved Labor Agreement with the Des Moines Police Management Association
- Approved Letter of Agreement with King County Fire Protection District 39 (dba South King Fire and Rescue) to Share a Fire Rescue Boat
- Citizens Advisory Council, Ordinance 1648

- Local Government 101, Part 6: Audit Entrance Conference
- Local Government 101, Part 7(a): Police
- Local Government 101, Part 8: Council Rules and Protocol
- Pacific Middle School Future Cities Presentation
- Washington State Future City Regional Competition Proclamation
- South Sound Boating Season Opening Day Proclamation
- American Association of Community Colleges Award of Excellence Proclamation for Highline College

### Other Action Taken:

- Sexual Assault Awareness Month Proclamation
- Approved Annual Multi City Human Services Funding Program
- Approved Interlocal Agreement with the City of Normandy Park
- Local Government 101, Part 4: Marina
- Valley Cities Update
- Monthly Financial Report
- Closure of South 226<sup>th</sup> Street
- Mayoral Appointment to the Human Services Advisory Committee
- Communications Plan/Neighborhood Advisory Council
- Local Government 101, Part 5: Parks, Recreation & Senior Services
- Franchise Agreement Discussion Update

## DES MOINES CITY COUNCIL



**Matt Pina**  
Mayor



**Vic Pennington**  
Mayor Pro Tem



**Robert K Back**  
Councilmember



**Luisa Bangs**  
Councilmember



**Dave Kaplan**  
Councilmember




**Melissa Musser**  
Councilmember



**Jeremy Nutting**  
Councilmember

**City Council meets 1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup> Thursdays at 7pm**





## From the Mayor



FOR MORE THAN FORTY YEARS, DES MOINES HAS BEEN MY HOME. I have watched it grow from a small seaside bedroom community in the direction of a thriving, vital city. These changes have not occurred without growing

pains, yet I believe that the very essence of our small town identity has been preserved. Our civility for each other, our care and compassion for each other, still remain as a hallmark of our identity as a city. It has been my pleasure to serve you, first as President of the Highline School Board and now as Mayor of your city. Nonetheless, this remains a challenging time for our City and I want to recount some of these challenges and some bright lights on the horizon that will help guide our journey.

As has been the case with many smaller communities such as ours in the Puget Sound region and elsewhere, city revenues have been constrained. This has mostly come about because bedroom communities such as ours have relied heavily on property tax dollars as a primary source of revenue. During the robust building periods that occurred in the early 2000's, smaller cities were in strong positions relative to their revenue and budgets. As the Great Recession lowered property values and property tax receipts, cities recognized the need to enhance their commercial development.

In the case of Des Moines, our ability to strengthen our commercial base will determine the types and availability of city services we can provide in the future. I would like to share with you some very positive things happening in the city. In the context of these changes and new developments, your City Council and I are committed to retaining and preserving the very best elements of our small town traditions even as we grow and become more self-reliant based on new revenues generated from development. Here are some of the things going on in the city:

- In February, 2016 the new Sheraton Four Points Hotel opened on Pacific Highway.
- The Des Moines Creek Business Park, located along 24th Avenue north of 216th represents a very successful partnership between the Port of Seattle, Panattoni Development Company and the City of Des Moines. There are three phases currently all under different phases of construction. The result is well over a million square feet of development.
- The Business Park will be the home of the new \$78 million regional Federal Aviation Administration office building that will have 280,000 square feet of office space and 1,600 employees.

- At build out, the Business Park will have several thousand employees. The city is working with Highline College and Business Park tenants to address the workforce needs of the new businesses opening in Des Moines. We are hoping to create employment opportunities for our city residents and students.
- We have also begun some early discussions regarding potential roles the Port could play as the city goes about redeveloping into a regional destination location. We believe there are significant opportunities for public/private partnerships to redevelop city owned property, build appropriate infrastructure, create jobs, expand the city's retail base, and provide a catalyst for future development of the downtown.
- The historic Landmark on the Sound site has been purchased and the new owners are in the process of determining highest and best use for that marvelous, historic facility and grounds.
- Some very exciting plans for the old Des Moines Theater are underway. The new owner is looking for ways to interact with the community and our schools in music and other performing arts venues.
- There is new multi-family residential and mixed use development occurring downtown.
- Highline Place is being built adjacent to Highline College to provide office space for the college and international student housing on the upper floors.
- The light rail extension has plans for a station in close proximity to Highline College. This will provide huge positive impacts for the city and also encourages transit-oriented development in that area.
- Additionally, there are several housing developments moving forward in anticipation of the demand created by the developing business opportunities.

These are some of the positive developments occurring in Des Moines. As these projects come online, they will enhance the city's revenue picture and provide funds to invest in quality of life aspects for our residents. The new employees and business activity will also increase demand for quality retail options. That process will help us redevelop our downtown and marina.

We know that change is not always easy. These changes and others will be reported to you in the future. They will enhance our capacity to serve our residents and allow for us to enjoy shopping, dining and entertainment opportunities close to home.

*Matt Pina,  
Mayor & Councilmember  
City of Des Moines, WA*



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## Des Moines Beach Park Dining Hall Receives State's Top Preservation Honor

ON MAY 17, 2016 THE CITY RECEIVED the State Historic Preservation Officers Award for Outstanding Rehabilitation – the coveted Valerie Sivinski Award.

Each year the State Historic Preservation Officer recognizes achievement in historic preservation by recognizing outstanding rehabilitations of historic buildings and structures. Awards made in this category are named in honor of the late Tacoma historic preservation architect Valerie Sivinski.

The City of Des Moines received the award for its rehabilitation of the historic Dining Hall of the former Covenant Beach Bible Camp, now located in Des Moines Beach Park. This award recognizes the City for its vision and commitment to preserving the Dining Hall and former camp in the face of daunting funding, regulatory, and environmental circumstances.

In September 2015, the City also received the King County Executive's John D. Spellman Historic Preservation Award for exemplary achievement in the restoration of the Dining Hall.

The Dining Hall, built in 1934 located

in Covenant Beach Bible Camp Historic District at Des Moines Beach Park reopened in July 2015 after years of extensive rehabilitation. This local landmark is an iconic piece of our community's past and will now continue to serve future generations as an event facility available for weddings, receptions, corporate meetings and events.

Reopening in late summer 2016 is the park's historic Picnic Shelter and Restroom.

The Covenant Beach Bible Camp Historic District at Des Moines Beach Park consists of eight rustic craftsman style camp buildings influenced by Swedish heritage located within the eighteen acre park located at 22030 Cliff Avenue South in Des Moines, Washington. The setting includes Des Moines Creek which opens onto the saltwater beach of Puget Sound, archaeological components, natural features and a system of paths and trails connecting to the Des Moines Marina.

We invite you to enjoy all of the wondrous places and fun family activities that are available to you at the Des Moines Beach Park this summer.

## DES MOINES DIRECTORY

### City Hall

21630 11th Avenue South  
206-878-4595

### Business Hours

Monday – Friday  
8:00am – 4:30pm  
www.desmoineswa.gov



### City Council

Matt Pina, Mayor	MPina@desmoineswa.gov
Vic Pennington	VPennington@desmoineswa.gov
Mayor Pro Tem	
Luisa Bangs	LBangs@desmoineswa.gov
Robert K Back	RBack@desmoineswa.gov
Dave Kaplan	DKaplan@desmoineswa.gov
Melissa Musser	MMusser@desmoineswa.gov
Jeremy Nutting	JNutting@desmoineswa.gov

### City Offices

City Attorney	206-870-6553
City Clerk	206-870-6519
City Manager	206-870-6541
Planning/Building	206-870-7576
Engineering	206-870-6522
Facilities Rentals	206-870-9370
Finance Director	206-870-6532
Marina	206-824-5700
Municipal Court	206-878-4597
Parks Administration	206-870-6527
Police Department	206-878-3301
Public Works/Park Maintenance	206-870-6559
Recreation	206-870-6527
Senior Services	206-878-1642

### Other Numbers

Emergency	
Animal Control	206-870-6...
Field House	206-870-6527
Fire (non-emergency)	253-839-6234
Library, Des Moines	206-824-6066
Library, Woodmont	253-839-0121
Police Dispatch (non-emergency)	206-878-2121

### Utilities and Services

Century Link	800-573-1311
CleanScapes	206-762-4900
Comcast	877-778-7008
Highline Water District	206-824-0375
Lakehaven Wtr/Sewer	253-941-1516
Midway Sewer District	206-824-4960
Puget Sound Energy	800-321-4123
SW Suburban Sewer	206-244-9575
Water District #54	206-878-7210

### CALL BEFORE YOU DIG:

Utility Locates	800-424-5555
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## Redondo Boardwalk Repair

Construction work is well underway on the Redondo Boardwalk. Steller J, the City's Contractor, started work in April to remove the damaged boardwalk, and make preparations for installation of the new facility. We appreciate everyone's patience with the contractor's flagging operation during construction.

The City is anticipating project completion this summer which will consist of a new concrete boardwalk, pedestrian railing, low-level deck lighting, and pedestrian crossing improvements at S 287th Street & Redondo Beach Drive.

For more information please visit the City's website, under "City News," or contact the City's project manager Andrew Merges at [amerges@desmoineswa.gov](mailto:amerges@desmoineswa.gov) or 206-870-6568.



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## Housing Repair Assistance Program



The City of Des Moines is once again providing minor home repair services to City resident homeowners who have "extremely low" to "low" incomes based on the U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes.

### SERVICES PROVIDED INCLUDE:

- Electrical – faulty lights, switches, plugs, circuits or exhaust fans
- Plumbing – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- Disability Aids – installation of grab bars, handrails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces
- Safety – installation of smoke alarms, security/safety lights, carbon monoxide alarms & locksets
- Other – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

### HOW DO I QUALIFY FOR THESE FREE SERVICES?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months and have proof of homeowner's insurance
2. Complete the application process

### HOW DO I APPLY?

To apply for this program please follow these directions:

1. Request an application by calling 206-870-6535
2. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at 21630 11th Ave. S. Ste. D, Des Moines WA 98198
3. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.



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## Lower Massey Creek Improvements Project

Construction is scheduled for this summer for the Lower Massey Creek Improvements Project located along the creek adjacent to Kent-Des Moines Road (KDM) west of Marine View Drive (MVD). The purpose of the project is to dramatically reduce flooding that occurs at the KDM/MVD intersection by widening the channel, constructing a flood control berm in the vacant land east of Taco Time, constructing a 200-foot long sheet-pile retaining wall along the south side of the creek, and installing a pump station. The project will also include installing native plantings along the stream, removing invasive species and installing fish habitat features such as woody debris, stream boulders and bank logs.

Presently, during large storms combined with high tides, the capacity of the channel is exceeded causing the creek overbank east of Marine View Drive. Flooding is further exacerbated by a very shallow storm drainage system that drains to Massey Creek and tends to back up when the creek levels rise, thereby preventing the intersection from draining until both the tide and creek levels lower. This project will increase the capacity of the channel to prevent the overbanking. The high-flow pump station will also be used to rapidly drain the intersection for flooding that may occur with the high creek levels.

Reed Trucking & Excavation, Inc. has been awarded the construction contract and Tetra Tech will be providing construction management services for the project. While the project is allowing 130 working days for the project, most of the creek work will occur during the summer months from June 15<sup>th</sup> to September 30<sup>th</sup>. The project is scheduled to be completed by November 1. Two way traffic will be preserved along Kent-Des Moines Road with temporary interruptions for delivery or haul of equipment and materials.

For additional information about this project, please contact Loren Reinhold, Surface Water Utility Manager at (206) 870-6524 or email at [lreinhold@desmoineswa.gov](mailto:lreinhold@desmoineswa.gov).

## Neighborhood Parks Maintenance Reduced in 2016

DUE TO THE 2016 CITY OF DES MOINES BUDGET SHORTFALL, some City parks will have reduced landscape maintenance and watering in 2016.

Community and Waterfront Parks that will not be affected are Des Moines Beach Park, Des Moines Marina, Des Moines Creek Trail, Des Moines Field House Park, Steven J. Underwood Memorial Park and the Des Moines Activity Center. These parks have the highest public usage as well as generate revenue to help pay for their associated maintenance costs, so maintenance standards and watering will not be reduced at these facilities.

However, the City's neighborhood parks such as: Cecil Powell Park, City Park, Des Moines Memorial Park, Dr. Shirley Gordon Park, Kiddy Park, Midway Park, Overlook I, Overlook II, Parkside Park, Water Tower Park, Westwood Park, Wooton Park, and S. 251st Park will receive a reduced level of maintenance. The budget to pay for the irrigation has been cut by \$10,000, which means that these parks will receive limited irrigation. In addition, the scheduled grounds maintenance and mowing by the City's contracted maintenance service will be reduced from 39 to 26 times annually.

During the upcoming growing season, you can expect to see less weeding and lawn manicuring with the potential for browning lawns. Please rest assured that the City's Park Maintenance crews will do all that they can to follow best maintenance practices, look at all efficiencies available to them and provide the best service possible within budgetary limitations.

The City's Conservancy Parks and connector trails such as Des Moines Creek Park, Woodmont Park, Sonju Park, Barnes Creek Trail, and Redondo Trail currently receive minimal maintenance and will not be further effected by the cuts at this time. However, severe cuts made to the parks maintenance budget over a decade ago reduced much needed ongoing removal of weeds and invasive plants such as English ivy which have damaged trees and crowded out native plants.

Citizens, service clubs and private organizations and neighborhood groups are encouraged to join volunteer efforts to help protect these valuable park resources. If you would like to find out more about how you can make a difference in your community, please call the Parks, Recreation and Senior Services Department at 206.870.6547.



## PLANNING A CHARITY CAR WASH? Call First!

**Wash Smart.  
Use a Car Wash Kit**

Car washes can provide a 'good clean fun' way to raise money for your organization. However, run-off from these activities can contain soap and automotive fluids that are toxic to fish, plant life, and degrade water quality. Car wash kits that prevent these materials from entering nearby storm drains are available for check-out from the City at no cost. Charity car washes operating within the City of Des Moines must have a car wash kit in place if there is a risk of discharge to the storm system. For check-out procedures and questions, please contact Ken Thomas at 206-870-6585 or kthomas@desmoineswa.gov

## Des Moines Waterfront Farmers Market



**SATURDAYS** 10am - 2pm  
June 4 - September 24

**WEDNESDAYS** 4-8pm  
July 6 - August 31

June 4 Opening Day, Food Truck-In  
June 25 Clutter to Cash  
July 6 Sunset Market Starts  
July 23 Clutter to Cash  
August 6 Health & Fitness Day  
August 13 Clutter to Cash  
August 20 Pancake Breakfast  
September 10 Back to School Safety Day Food Truck-In  
September 24 Last Day



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## Grand Opening! Check us Out!

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We offer full time and part time care, as well as drop-in, hourly, before/after school care and summer camps.

### Enrichment Programs

A variety of classes are available for both children and adults. Class variety may include movement, crafting, dance, music, sports skills, open gym, etc.

### Parents Night Out

Twice a month we offer a fun filled evening of movies, games and activities while parents go out and enjoy worry free adult time.

### Event Room Rental

1800 sq ft Event Room is available to rent by the hour. Rental includes use of huge projection screen, free Wi-Fi, multi-media system and free parking.

### Monthly Events

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Normandy Park Towne Center

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**Des Moines Legacy Foundation**

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A 501(c)(3) organization: #92-2019863



## Cats and Rats and Groundhogs, Oh My!

**Coexisting with nuisance wildlife and domestic animals**

by Jan Magnuson, Master Animal Control Officer

**WILDLIFE IS EVERYWHERE**, and is one of the wonderful aspects of living in beautiful Des Moines and the surrounding areas! We have lots of lush trees, bushes, grasses and flowers, which is ideal habitat for native critters. However, they can be problematic to the gardener if not kept at bay, so here are some tips that may help you:

**DO NOT LEAVE ANY FOOD SOURCES AVAILABLE.** That includes unsecured compost piles, unsecured garbage, rotting ground fruit, loose prey animals (often chickens), or any type of animal food (whether for domestic pets or wildlife).

**DO ATTEMPT TO COEXIST WITH WILDLIFE.** They were here first and we need to all get along. Trapping is usually unsuccessful in the long run, as even once a particular critter is gone, another one (or more) just move in to take its place! Jaw traps are illegal and even humane traps can cause injury if misused or damaged. In addition, once an animal like a raccoon is trapped, it is no longer legal to "relocate" it, it must be released unharmed where it was caught or destroyed. Poisons are problematic for a multitude of reasons, one being that even if the "target" animal is affected, it can then be touched or eaten by a non-target animal (or human) and can sicken or kill.

**DO TRY DIFFERENT METHODS OF REPELLENTS.** There are many types, and sometimes one may not work that well for you, but another may work just dandy. So keep trying! Most can be found at lawn and garden stores, feed stores, or on the internet. Some examples:

- Motion-sensor water sprinklers, lights, or noise makers
- Flashing laser light units (especially for nocturnal animals)
- Repellent products such as gels, crystals and sprays (my favorite is "Critter Ridder"). Sometimes just plain black pepper works.
- Fencing and netting (top netting is often very easy to install and is usually inexpensive)
- Flash tape, pinwheels and mylar or eye balloons
- Predator figures such as owls, hawks or eagles
- Electric fencing ("Fido Shock" brand is a low-impact unit)

You can also call the Washington State Department of Fish and Wildlife for more information at 425-775-1311.

When it comes to domestic pets such as dogs or cats coming into your yard and damaging your garden, please give me a call at 206-870-6549 or email me at [JMagnuson@desmoineswa.gov](mailto:JMagnuson@desmoineswa.gov) so I can assist you. We have leash laws for ALL domestic animals in the City of Des Moines, so even cats are not legally allowed to roam at large.

You can use the above mentioned repellents for domestic animals, as often that solves the problem! However, if you continue to have issues with loose dogs or cats, we recommend you initially contact your neighbors to see if they own the offending pets and let them know that you don't appreciate them damaging your lawn and garden. If that fails, I can assist you in taking enforcement against the pet owner. Thank You and Happy Gardening!



# How do native trees and other plants make Des Moines a healthier environment?

## ASK AN ECOLOGIST

By Laura Hartema, King County DNRP Ecologist

I moved to the Seattle area for many reasons, but what led me here most was a desire to be wedged between the mountains and the ocean and stand streamside beneath green conifers towering over my wet umbrella. To live around diverse, healthy habitats is a privilege; it's our responsibility as a community to enhance and steward our creeks, forests, and backyards which benefit us all.

Here are ten good reasons to plant, preserve and protect trees, shrubs and native landscapes:

- It takes one acre of trees (with 100% canopy) to provide enough oxygen for eight people (International Society of Arboriculture, 2007).
- Trees absorb excessive carbon dioxide (one of the gases responsible for global warming) in the atmosphere and store it over their lifetimes. Longer lived trees release it back into the environment more slowly.
- Trees can remove trace hazardous chemicals to improve air quality.
- Plant roots bind soil, reduce erosion, and filter and take up common pollutants, thereby improving water quality.
- Trees provide shade to reduce ultraviolet radiation and lower air temperatures.
- Trees and shrubs shield high winds.
- A variety of native trees, shrubs and herbaceous plants provide food sources and habitat to many types of wildlife and insects. Decaying trees provide essential nesting cavities. Leave "snags" standing when possible.
- Mature trees increase property values.
- Trees and native landscapes inspire creativity, poetry, even love, and have a positive effect on health.
- Plants are cool and make people happy.

The benefits of trees and other plants are clear, but we must each contribute. The cliché, "hug a tree," means much more when you attach their value. Our combined property substantially benefits not only wildlife, but our community as a whole. Let's plant, preserve and protect to make Des Moines a beautiful, healthy place to visit or call home.

To sign up for future volunteer events with Friends of Des Moines Creek, contact [laurahartema@yahoo.com](mailto:laurahartema@yahoo.com).

## MOUNT RAINIER POOL

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT

# GIVE YOUR CHILD AN ADVANTAGE IN SCHOOL

## Swimming

- Has been scientifically linked to **better academic performance**
- Opens the path to a wide array of **education and job opportunities**
- **Builds whole body strength** and is a great way to combat obesity
- Provides the **benefit of playing sports** — team and individual
- Is timeless — **something kids can do for the rest of their lives**
- Lessons **reduce drowning risks**



SUMMER'S COMING  
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LESSONS NOW**



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## From the Bench



*Fade up. The suspect sits alone at a table in a dimly lit room. Just outside the door, he hears the business of the precinct – the clank of hand-cuffs, the protestations of an intoxicated defendant,*

*and the sound of laughter coming from a distant office. Beads of sweat begin to form on his brow. He counts the tiles on the floor to calm himself. After what seems like hours, the detective enters the room and sits at the table across from him. “You have the right to remain silent. Anything you say can and will be used against you in a court of law . . .”*

Sound familiar? Most of you can recite Miranda warnings from watching any garden-variety crime show on television. But do you know *why* law enforcement is required to administer these warnings? The answer lies in the very “roots of our concepts of American criminal jurisprudence.”<sup>1</sup>

In the landmark case, *Miranda v. Arizona*, the U.S. Supreme Court held that the Fifth Amendment right against self-incrimination requires that an individual who is taken into custody “must be warned prior to any questioning that he has the right to remain silent, that anything he says can be used against him in a court of law, that he has the right to the presence of an attorney, and that if he cannot afford an attorney one will be appointed for him prior to any questioning if he so desires.”<sup>2 3</sup>

The case began in March of 1963 with the arrest of Ernesto Miranda on suspicion of kidnapping and rape. He was transported to the local precinct and placed in an interrogation room. Two hours later, officers emerged with a signed confession.<sup>4</sup> The State used Miranda’s confession against him at trial. He was convicted by a jury and sentenced to 20 – 30 years in prison. Miranda appealed his conviction on the grounds that law enforcement obtained his confession in violation of his constitutional rights. Miranda’s case was one of four separate cases consolidated for review by the Supreme Court.

The cases shared many similarities - in each case, the defendant was questioned by law enforcement (or an agent of law enforcement - one of the cases involved questioning by a prosecuting attorney.) In each case, the defendant was isolated during questioning, “cut off from the outside world.” No attorney was present for any of the interrogations and none of the defendants were meaningfully informed of their rights prior to the start of the interrogation. And in every case, the questioning elicited confessions.<sup>5</sup>

## MIRANDA WARNING

1. YOU HAVE THE RIGHT TO REMAIN SILENT.
2. ANYTHING YOU SAY CAN AND WILL BE USED AGAINST YOU IN A COURT OF LAW.
3. YOU HAVE THE RIGHT TO TALK TO A LAWYER AND HAVE HIM PRESENT WITH YOU WHILE YOU ARE BEING QUESTIONED.
4. IF YOU CANNOT AFFORD TO HIRE A LAWYER, ONE WILL BE APPOINTED TO REPRESENT YOU BEFORE ANY QUESTIONING IF YOU WISH.
5. YOU CAN DECIDE AT ANY TIME TO EXERCISE THESE RIGHTS AND NOT ANSWER ANY QUESTIONS OR MAKE ANY STATEMENTS.

### WAIVER

DO YOU UNDERSTAND EACH OF THESE RIGHTS I HAVE EXPLAINED TO YOU? HAVING THESE RIGHTS IN MIND, DO YOU WISH TO TALK TO US NOW?

On these facts, the sole legal issue before the Supreme Court was whether “statements obtained from an individual who is subjected to custodial police interrogation” are admissible against him in a criminal trial and whether “procedures which assure that the individual is accorded his privilege under the Fifth Amendment to the Constitution not to be compelled to incriminate himself” are necessary.<sup>6</sup>

In order to decide the issue at hand, the Court examined actual police interrogation techniques taken from various law enforcement training manuals. Isolating the suspect, employing deception and trickery, and creating an “atmosphere of domination” were among the techniques highlighted by the Court.<sup>7</sup> Especially troubling to the Court was the practice of isolating a suspect and engaging in “incommunicado interrogation.” This, according to the Court, creates an inherently intimidating atmosphere – one which “exacts a heavy toll on individual liberty and trades on the weakness of individuals.” In such a case, the “potentiality for compulsion is forcefully apparent.”

Finding that these methods undermine the 5<sup>th</sup> Amendment privilege against self-incrimination, the Court concluded that “unless adequate preventive measures are taken to dispel the compulsion inherent in custodial surroundings, no statement obtained from the defendant can truly be the product of his free choice.”<sup>8</sup> The “adequate preventive measures” included not only the requirement of Miranda warnings prior to any custodial interrogation but also the exclusion at trial of any statements obtained in violation of *Miranda*.

The Court’s decision in *Miranda* was met with immediate and wide-spread controversy. Liberals hailed *Miranda* as a victory for individual rights while conservatives derided the Court for judicial over-reach that would compromise the efforts of law enforcement to solve crimes. Despite the political hay made of *Miranda*, law enforcement immediately adapted their procedures in order to comply with

**Most of you can recite Miranda warnings from watching any garden-variety crime show on television. But do you know *why* law enforcement is required to administer these warnings? The answer lies in the very “roots of our concepts of American criminal jurisprudence.”<sup>1</sup>**

the Court’s mandate. Thus, despite the dire warnings of *Miranda*’s detractors, the police continued to investigate crimes and prosecutors continued to secure convictions.

As for Ernesto Miranda, he was retried following his victory at the Supreme Court. This time around, the State could not use his confession at trial. Rather, the State offered the testimony of new witnesses to make its case. Once again, Miranda was convicted by a jury and sentenced to 20 – 30 years in prison. He was paroled in 1972 and upon his release, he autographed and sold police-issued “Miranda Cards” to make money. He spent the rest of his life in and out of jail on various petty crimes and parole violations. He died in 1976 as a result of injuries he suffered from a bar-room brawl.<sup>9</sup>

As one of the nation’s most famous criminal law cases, *Miranda v. Arizona* is remarkable for a number of reasons. First, *Miranda* was one of several cases decided by the Warren Court that dramatically expanded civil rights and civil liberties.<sup>10</sup> Second, *Miranda* resulted in immediate and fundamental changes to then-current police practices. (To ensure compliance with *Miranda*, officers were (and still are) issued small cards to carry with them on patrol containing the text of the Miranda warnings.) Finally, despite early attempts at legislative “fixes” by those opposed to its procedural requirements, *Miranda* has



stood the test of time - even after 50 years and a number of subsequent decisions carving out various exceptions, *Miranda* remains the law of the land.

So, the next time you hear those familiar *Miranda* warnings on your favorite episode of "Law & Order", remember that *Miranda* is more than words - it is an enduring and important element of the American criminal justice system.

**Hon. Lisa M. Leone**

(Endnotes)

- 1 *Miranda v. Arizona*, 384 U.S. 436 (1966).
- 2 The 5<sup>th</sup> Amendment reads, in pertinent part: "no person shall be compelled in any criminal case to be a witness against himself."
- 3 *Miranda*, at 439.
- 4 *Miranda*, at 456.
- 5 *Id.*
- 6 *Miranda*, at 439.
- 7 *Miranda*, at 449, 453, 451.
- 8 *Miranda*, at 446, 455.
- 9 "Miranda Stabbing Suspect Caught". *Kingman Daily Miner* (Phoenix). Associated Press. 3 February 1976.
- 10 Other landmark decisions of the Warren Court include *Brown v. Board of Education* (1954)(banning segregation in public schools), *Gideon v. Wainwright* (1963)(holding that the Sixth Amendment requires that all indigent criminal defendants receive publicly funded counsel); *Griswold v. Connecticut* (1965) (finding the constitution protects an individual right to privacy); and, *Loving v. Virginia* (1967)(declaring anti-miscegenation laws to be unconstitutional).

## Parkside Park Renovation Underway This Summer

Parkside Park, which was transferred to the City from King County in 1993, is long overdue for a renovation. In past years, the play equipment and sports court has deteriorated and the park has become overgrown with vegetation. In 2015, the City applied for a \$395,000 Community Development Block Grant to renovate the park and make necessary improvements for park safety. The park design includes improvements for ADA accessibility by enhancing the park entrances on S. 244th Street and S. 242nd Street, the north-south trail through the park and providing a new neighborhood park entrance and trail from 26th Place South. Other improvements include the creation of a sports court and the installation of outdoor fitness equipment with funding from a \$25,000 King County Youth Sports Facilities Grant.

As part of the state's Tacoma Smelter Plume Soil Safety Program, the Department of Ecology tested the play areas at the park for arsenic and lead and found approximately 10,000 square feet of arsenic contaminated soil above the state clean-up levels.

The state will contribute the funds needed for the removal and replacement of soil located in the park. Soil remediation will take place during the park renovation project.

The park project is planned to go out to bid this summer and for construction to be completed in October of this year. For more information call Patrice Thorell at 206-870-6527.



## CHANGE YOUR LIFE AND YOUR COMMUNITY

Give back to your community! Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life - individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

**ADOPT A SPOT PROGRAM** Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines Spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks. Contact: Janet Best: 206-870-6547 or [jbst@desmoineswa.gov](mailto:jbst@desmoineswa.gov)

**KING COUNTY BEACH NATURALIST PROGRAM** Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it. Contact: [beachnaturalist@seattleaquarium.org](mailto:beachnaturalist@seattleaquarium.org).

**FRIENDS OF DES MOINES CREEK** partners with community volunteers to remove invasive weeds, replant natives, and maintain and protect the Des Moines Creek buffer. Contact: Laura Hartema-FriendsOfDesMoinesCreek@yahoo.com

**SONJU COMMUNITY ORCHARD & GARDEN** Harvest fruit & vegetables for the food bank or participate in the community garden/pea patch work parties. Contact: Kim Richmond at [friendsofsonjupark@hotmail.com](mailto:friendsofsonjupark@hotmail.com)

**DES MOINES ACTIVITY CENTER** Give back to our community's older adults by lending a hand and you'll feel good too! Seeking: IT Instructor, Walking Leader and laptop/cellphone one on one help, Trip Drivers and Instructors. Contact: 206-878-1642 or [seniors@desmoineswa.gov](mailto:seniors@desmoineswa.gov).

**DES MOINES PARKS & RECREATION** Inspire our youth! Seeking volunteers to coach or assist with special events. Seeking teens for the youth council program. Contact: 206-870-6586 or [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)

**THE HYDE SHUTTLE** Volunteers urgently needed to drive Sound Generations shuttles in Normandy Park and Des Moines assisting seniors and residents with disabilities safe and reliable transportation for needed socialization, errands, appointments and recreational activities. Contact: [hilaryc@soundgenerations.org](mailto:hilaryc@soundgenerations.org) or learn more by visiting [www.soundgenerations.org/transportation!](http://www.soundgenerations.org/transportation!)

## 2016 Earth Day & Volunteer Activities





# FARMERS MARKET

THE DES MOINES WATERFRONT FARMERS MARKETS  
OPENING DAY is Saturday June 4th from 10 to 2pm with our popular Food Truck-In, featuring over 10 Trucks. The Saturday market runs from June thru September this year.

Opening Day  
June 4th  
10am-2pm

Once again, the months of July and August, the Market and the Arts Commission join to bring you Sunset Markets every Wednesday from 4-8pm. Patrons can shop, have dinner at the food trucks and then walk a short distance into the Beach Park for the Arts Commission's Free Music in the Park series. The Sunset Market is at the North end of the marina parking lot. Shuttle service will also be available.

The Market and King Conservation District is also bringing back by popular demand our Healthy Eating Initiative for qualified seniors in our area. Last season the program issued over \$10,000 worth of vouchers. Once individuals sign up they will receive a \$10 voucher for purchase of fruits and vegetables. Also included in the program is free door to door pickup service provided every other week by the Hyde Shuttle from Senior Services of King County. Just call 206-727-6262 for pick up.

New this year at the market is another healthy eating initiative; this one is for low income families called Fresh Bucks. Come to the market, swipe your EBT card and it will double your dollars (up to \$10) per person. Both these programs are good on Saturday and Wednesday markets.

The Clutter to Cash sale is back again for three days this season. June 25, July 23 and August 13th. People can rent a booth space to sell their clutter (bring your own tables) on Saturday during the Farmers Market. Hours are 10 to 2pm. Space is limited, so reserve early by going to [www.dmfm.org](http://www.dmfm.org) for applications.

To follow the market's happen'n every week, check the [www.WaterlandBlog.com](http://www.WaterlandBlog.com) for Wanolitto's Market Musing column, the web site [www.dmfm.org](http://www.dmfm.org) or our weekly email newsletter. Coming soon to the market will be its own cell phone App with all the latest updates posted daily.

The market's Board of Directors would like to thank our sponsors for so generously contributing to help keep this vital community program so successful.



## Calling all *Artists*

The Des Moines Arts Commission is creating a database of local artists for future city projects. If you or someone you know is an artist we want to hear from you. **Every art form and medium** is welcome; visual art, performance art, music, folk art, video art, etc.

Please contact the Des Moines Arts Commission. To submit your information and samples of work or for more information email: [info@desmoinesartscommission.com](mailto:info@desmoinesartscommission.com)

## Puget Sound Starts Here—let's all do our part!

### SUMMER VOLUNTEER OPPORTUNITY!

The City of Des Moines is continuing a great volunteer activity for anyone who is interested in protecting the environment and working outdoors. The Surface Water Management Department is looking for Storm Drain Marker volunteer(s) to place "Puget Sound Starts Here" markers near neighborhood storm drains in our community. The Storm Drain Marker program will help raise awareness about the impact of pollution in the waterways of Des Moines and act as a measure to help stop illegal dumping down our drains which ultimately lead to Puget Sound. (Volunteers must be 15 years of age or older.)

For more information about volunteering, please call Tyler Beekley at 206.870.6869 or email at [tbeekley@desmoineswa.gov](mailto:tbeekley@desmoineswa.gov).

Puget Sound Starts Here 





## Legacy Foundation Board of Directors Positions Available

What better legacy can we leave than a place that is better than when we received it?

The Des Moines Legacy Foundation is a 501c3 non-profit organization that supports your Des Moines Parks, Recreation and Senior Services facilities, programs and services.

The Foundation has four openings available on its 15 member Board in 2016 due to retirements. Positions serve for 2 years and may be renewed.

Des Moines Legacy Foundation applications are available on line at: [www.desmoineslegacy.org](http://www.desmoineslegacy.org). Please submit applications to:

C/O Des Moines Legacy Foundation  
1000 S. 220<sup>th</sup> Street  
Des Moines, WA 98198

Participation on the Board of Directors includes attendance at monthly meetings on the third Thursday of the month from 7:30 am-9am. As a Director you will also be encouraged to assist with Foundation fundraising events such as Anthony's Bayside Brunch—supports Des Moines Senior Services programs, projects and nutrition; Poverty Bay Arts Gala—supports Des Moines Arts Commission free summer concerts and public art; and Legacy Nights—supports youth recreation scholarships and activities for low income youth.

What will be your legacy? We invite you to join our team to make a significant difference in the lives and future of our community! Contact Patrice Thorell at 206-870-6529 for more information.



### New Street Banners in 2016!

This year we will install new street banners on Marine View Drive South and 7th Avenue. We are changing the banner design to incorporate the bright blue theme established on South 216th and the banners will be an extra foot larger! The new banners will create identity for the Marina District as residents and tourists pass through the City and promote local businesses.

The banners are fade resistant and made from a heavy 22 ounce vinyl. Each banner is \$200 for 1 year with an annual renewal fee of \$125. If you have a business in Des Moines and would like to participate, phone 206-870-6547 or email [jbtest@desmoineswa.gov](mailto:jbtest@desmoineswa.gov).

### Bench Donation Program

The City installs and maintains many park benches throughout the city. The Bench Donation program allows citizens and businesses to dedicate a bench to honor someone they know. Please phone 206-870-6547 for more information or email [jbtest@desmoineswa.gov](mailto:jbtest@desmoineswa.gov)



### Ball Park Banner Sponsorship Program

The City manages a Banner Sponsorship Program at both Steven J Underwood and the Field House ball parks. At a very reasonable rate, businesses have the opportunity to advertise to thousands of athletes and fans of all ages from April through November. A business can sign up for one or three years. The banner will be made with the business logo and will include information that will promote their business to the community. Typically, these parks are booked solid from the early spring to the late fall and your business would receive tremendous exposure. For an application call 206-870-6547 or email [jbtest@desmoineswa.gov](mailto:jbtest@desmoineswa.gov).



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Des Moines  
[brianseth@allstate.com](mailto:brianseth@allstate.com)

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\*Average savings based on information reported nationally by new Allstate auto customers for new policies written in 2014. Actual savings will vary. Allstate Fire and Casualty Insurance Co., 2775 Sanders Rd., Northbrook, IL 60062 Northbrook, IL. © 2015 Allstate Insurance Co.

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# MEETING SPACE & FACILITY RENTALS



BEACH PARK AUDITORIUM



BEACH PARK FOUNDERS LODGE



DES MOINES ACTIVITY CENTER



FIELD HOUSE GYM



## BEACH PARK AUDITORIUM

Our historic, yet contemporary Beach Park Auditorium boasts stained glass windows, a large outdoor patio, and cathedral ceilings. Exposed wood beams enhance the ambiance in true Pacific Northwest style. This facility is equipped with 25 round tables, 13 six foot tables and 250 chairs.

## BEACH PARK FOUNDERS LODGE

Nature is ever present in this updated rustic venue spanning the Des Moines Creek. Floor to ceiling windows offer breathtaking views of the Puget Sound and Olympic Mountain Range beyond. Patio doors open directly onto a wraparound deck pouring into the meadow, just feet from the waters edge.

## DES MOINES ACTIVITY CENTER

The Activity Center is a true hidden gem that has a charm accentuated by wood flooring, a brick fireplace and stained glass. Opening onto a 50'x50' concrete patio, this venue features a peak-a-boo view of Mt. Rainier and looks to Stephen J. Underwood Memorial Park. The patio is highlighted by the trellised landscaping of Mary's Rose Garden and a running fountain.

## FIELD HOUSE GYM

The Field House is a full Log Cabin located in the heart of Des Moines. Generations of memories have been hosted in this venue, including weddings, corporate events, graduations and much more. Its log cabin appeal is enhanced with a full-length decorative stone fireplace, a 19'x16' stage and maple flooring.

# DINING HALL NOW AVAILABLE

The Dining Hall features a full kitchen with a rustic indoor reception space. Natural wood floors and ceilings are accompanied with an expansive deck and enough tables and chairs to seat 150 guests.



## CONTACT

**Shannon Kirchberg**  
 Events and Facilities Coordinator  
 206.870.9370  
[skirchberg@desmoineswa.gov](mailto:skirchberg@desmoineswa.gov)  
[www.beachpareventcenter.com](http://www.beachpareventcenter.com)





## 2016 Beach Park **FREE SUMMER CONCERT SERIES**

**7PM to 8:30PM** ☆ **WEDNESDAYS** ☆ **BEACH PARK MEADOW**



July 6 Whisky River



July 13 Creme Tangerine



July 20 Rain City Time Machine



July 27 Aqua Nets



Aug 3 Wally and the Beaves



Aug 7 Shakespeare at the Park  
Wooden O - Love's Labor Lost



Aug 10 The Kings of Swing



Aug 17 Kings of Hollywood  
Tribute to The Eagles

[www.desmoinesartscommision.com](http://www.desmoinesartscommision.com) ☆ 206.870.6527



With support from: John L. Scott, Law Offices of Gehrke, Edward Jones, Café Pacific, Salon Michelle, Jeannie Serrill, Luisa Bangs, Nancy Stephan, Lisa Maddry, Patrice Thorell

## MOUNT RAINIER POOL

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT

Make this their summer of possibilities



**DON'T KEEP  
YOUR CHILD  
STUCK ON  
SHORE**

Make sure they can swim



REGISTER  
CLASSES  
TODAY!



Kids who swim can  
access a whole new  
pool of educational and  
recreational opportunities



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## Advertise With the City

For information about the City's Street Banner Program and Ballpark Banner Program contact [jb主@desmoineswa.gov](mailto:jb主@desmoineswa.gov) or call 206-870-6547.



### SECOND CHANCE SPRING CLEAN

Clean out your closets for spring and bring your items to our SECOND CHANCE SPRING CLEAN EVENT. All donations support the services & programs at Des Moines/Normandy Park Senior Activity Center.

**DATE:** Week of June 6

**TIME:** 9am-3:30pm

**WHERE:** DMAC Large classroom

Drop your donated items off at the center the week of May 30th.



## ANNUAL ACTIVITY CENTER RAFFLE 12<sup>th</sup> MAN WREATH!!!

Our staff has a secret weapon, an amazing wreath artist and she has made a ONE OF A KIND, 12th MAN WREATH that you can have the opportunity to win for just \$1! Begins Monday, June 6 and runs until our Seahawks Season Kick Off Lunch Wednesday, September 7. Tickets available at:  
Activity Center 2045 South 216th and  
The Field House 1000 South 220 Street.

All sales support the programs and services at the Activity Center.

## REGISTRATION INFORMATION

### PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 South 220<sup>th</sup> Street  
Des Moines WA 98198  
206-870-6527  
TDD Line: 206-824-6024  
Fax: 206-870-6587  
[recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)  
[www.recreation@desmoineswa.gov](http://www.recreation@desmoineswa.gov)  
Hours: Monday – Friday, 8am-6pm

### DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216<sup>th</sup> Street  
Des Moines WA 98198  
PO Box 98576  
206-878-1642  
Fax 206-878-2260  
[seniors@desmoineswa.gov](mailto:seniors@desmoineswa.gov)  
[www.seniors@desmoineswa.gov](mailto:www.seniors@desmoineswa.gov)  
Hours: Monday – Friday, 9am-4pm

### Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address, Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.)

The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

### HOW TO REGISTER:

**Walk-in:** Check, Cash, Visa/MasterCard.

**Phone:** Visa/Mastercard.

**Mail-in:** Registration Form with payment by check or Visa/MasterCard information.

Registration forms are available in the offices or online at [www.desmoineswa.gov/recreation/forms](http://www.desmoineswa.gov/recreation/forms)

### Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

### Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$10 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. The administrative fee will be waived if you opt for a credit to be used for another course/program. Credits must be used by the close of each calendar year.

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

### Disclaimer:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

### Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

### Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

### Inclement Weather:

During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report.

### School Closed:

All Des Moines Recreation & Senior Services Department programs are cancelled.

### School Open/1-hour Late Arrival:

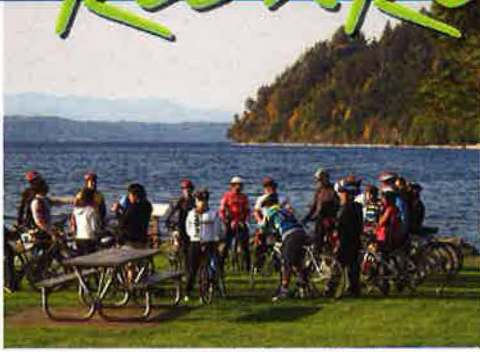
Recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am – call 206-878-1642 for updated information.

### School Open/2-hour Late Arrival:

All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am – call 206-878-6527 for updated information. When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.

**HOLIDAY CLOSURES**  
May 30, July 4, September 5





www.desmoineswa.gov | Recreation 206-870-6527 | Senior Services 206-878-1642 | Meeting & Facility Rental 206-870-9370

Parks & Recreation Offices		Acreage	Facilities / Programs																				
FIELD HOUSE 1000 S 220th Street Des Moines, WA 98198 206-870-6527	ACTIVITY CENTER 2046 S 216th Street Des Moines, WA 98198 206-878-1642		PLAY AREA	BALLFIELDS	RESTROOMS	PICNICKING	BASKETBALL HOOPS	FISHING PIER/BOARDWALK	TENNIS COURTS	NATURAL AREAS/TRAILS	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT MOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	
1	Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2																					
2	Big Catch Plaza SW corner of S. 216th & Marine View Dr. S.	0.2																					
3	Cedl Powell Park 250th & 13th Pl. S.	0.2																					
4	Des Moines Activity Center 2045 S. 216th Street																						
5	Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6																					
6	Des Moines City Hall 21630 11th Ave. S.	N/A																					
7	Des Moines Creek Trail Access at S. 200th St. (Sea Tac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																					
8	Des Moines Marina 22307 Dock Ave. S.	45																					
9	Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																					
10	Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86																					
11	Field House Park/Community Center 1000 S. 220th St.	5.2																					
12	Kiddie / City Park S. 230th St. & 21st Ave. S.	3.2																					
13	Midway Park S. 221st & 29th Ave. S.	1.6																					
14	Mt. Rainier Pool 22722 19th Ave. S.																						
15	Overlook I Park Corner of S. 223rd & Cliff Ave. S.	0.1																					
16	Overlook II Park S. 222nd & 5th Ave. S.	0.5																					
17	Parkside Park S. 244th St. & 25th Ave. S.	4.4																					
18	Parkside Wetlands 248th St. & 26th Ave.	14																					
19	Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79																					
20	S. 251st Park S. 251st St. and Marine View Dr. S.	5.5																					
21	Sonju Park 24728 16th Ave. S.	9.3																					
22	South Marina Park NE corner of S. 227th & Dock Ave. S.	0.8																					
23	Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5																					
24	Water Tower Park 208th between 5th & 6th	1.34																					
25	Westwood Park 6th Ave. S. & S. 192nd St.	1.34																					
26	Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8.7																					
27	Wooton Park 28202 S. 9th Ave.	2.3																					
28	Zenith Overlook/Beach Access NW corner of S. 239th & Marine View Dr. S.	0.1																					
29	Zenith Park NW corner of S. 240th & 16th Ave. S.	5.5																					







### DAY TRIPS

Explore the Northwest and leave the driving to us!

Age 50+

<b>3rd Thursday Night Artwalk - Tacoma</b>			
Thu	May 19	4-9pm	\$10
<b>Babies at Northwest Tre - Eatonville</b>			
Wed	May 25	9am-4pm	\$30
<b>Snoqualmie HydroElectric Museum - Snoqualmie</b>			
Wed	Jun 1	9:15am-2pm	\$11
<b>All Merciful Savior Orthodox Monastery - Vashon Island Monastery</b>			
Wed	Jun 8	8am-4:30pm	\$25
<b>Washington State Ski and Snowboard Museum - Snoqualmie Pass</b>			
Wed	Jun 15	9:30am-2:30pm	\$11
<b>Paint Your Wagon, 5th Avenue Theatre - Seattle</b>			
Wed	Jun 22	6-10pm	\$75
<b>A Day of Shopping in Poulsbo - Poulsbo</b>			
Wed	Jun 29	8:30am-5pm	\$15
<b>Bakeries Galore - Tacoma</b>			
Wed	Jul 13	10am-3pm	\$10
<b>Twin Peaks Outfitters - Cle Elum</b>			
Wed	Jul 20	8:30am-3pm	\$76
<b>Ostrom Mushroom Farm - Olympia</b>			
Wed	Jul 27	8:45am-3pm	\$15
<b>Sea of Green Marijuana Farm Tour - Seattle</b>			
Wed	Aug 3	9:45am-2pm	\$11
<b>Chehalis Cheese Tour - Chehalis</b>			
Wed	Aug 10	8:30am-4pm	\$21
<b>Diablo Dam Tour - Newhalem</b>			
Thu	Aug 18	7am-7pm	\$51
<b>Crystal Mt. Gondola &amp; Wapiti Willy's</b>			
Wed	Aug 24	8:30am-5pm	\$36

### EXTENDED TRIPS 2016

#### Albuquerque International Balloon Festival

Sep 29 - Oct 4, 2016

\$2,499/ppdo      \$3,099/single

Hosted by Collette Vacations

Highlights: Santa Fe, Santa Fe School of Cooking, Turquoise Train, Balloon Fiesta, Old Town Albuquerque, Indian Pueblo Cultural Center and National Museum of Nuclear Science & History. 6-days, 8 meals, includes airfare from Seattle.

#### Tropical Costa Rica

Nov 5 - 13, 2016

\$2,599/ppdo      \$3,040/single      \$2,569/triple

Hosted by Collette Vacations

Highlights: San Jose, Monteverde, Arenal Volcano, Lake Arenal Cruise, Cano Negro Refuge, Zarcero & National Theatre. 9 days, 14 meals, includes airfare from Seattle. Call 206-878-1642 for trip details.



Opening Night  
July 6th, 7-8:30pm

Every Wednesday  
through August 17th

Shakespeare in the Park

Love's  
Labour's Lost  
Sunday  
August 7th  
5pm





## New! Movies that Matter

We host a first Wednesday of the month movie that impacted our history, our laws, our perceptions and acceptance of others.

Wed		Activity Center
Jun 1	1pm	Free
<i>I'll Be Me</i> - Glenn Campbell's farewell tour as he deals with his diagnosis of Alzheimer's disease.		
Jul 6	1pm	\$2
<i>Emperor</i> - Japan 1945 - General Douglas MacArthur accepted a mission to decide the fate of a nation.		
Aug 3	1pm	\$2
<i>Citizen Kane</i> - Orson Well's American Drama released in 1941.		



## CLASSES

### AARP Smart Drivers

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits that crept into your driving pattern. Upon completion of the course, your certification will get you a discount on your auto insurance (as required by law.) A lunch break provides an opportunity to take advantage of the Nutrition Lunch program. Call 206-878-1642 for details! \$15 AARP Member \$20 Non Member. Pay at the first class.

Age 50+		Activity Center
Aug 16 & 17	Tue/Wed 10am-2:30pm	\$2 Donation

### New! INSPIRE - A Spirituality Exploration

This five week spirituality exploration presented by Judson Park mentors, explores the themes of mindfulness, peacefulness, compassion, acceptance, and purpose through engaging discussions, prayers, meditations and guided activities. Inspire is intended to provide a safe spiritual space to explore grow, and embrace diversity of thought and conversation.

Wed	Jul 6- Aug 3	1-2:30pm	\$5
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## Coming Out of the Ashes

Janey Smith, a retired educator and world traveler went along with 15 others from around the world on a 12-day study tour of Poland. The tour was guided by a Jewish Rabbi who lived through the final days of the Holocaust. The group stayed in Warsaw, Gdansk, Poznan, Wroclaw, Zakopane and Krakow. Come hear the stories Janey gathered from this incredible journey. Class will view three short videos of Pope John Paul 11 home/church; one of the oldest graveyards in Poland and a delightful Jewish Cafe in 14th century Krakow. Uncover the life of Chopin and listen to one of his famous waltzes. Janey will share her first hand experiences of being with a variety of those who walked out of the death camp of Auschwitz:

Wed		Activity Center
Jun 1	9:30-11:30am	\$5

## The Gift of Letter Writing - A letter is a treat with no strings attached.

Please join Janey Smith in a presentation and sharing devoted to the pleasures of letter writing (both sending and receiving), the aesthetic joys of the perfect writing paper and the well-trained fountain pen, and the importance of "touching those you love" through jotted notes. You are invited to come with your own addressed envelope to a member of your family or a famous individual you have never meet. Janey will share letters she has received over the last 67 of her 70 years of life beginning with former President Harry S. Truman. Time will allow for finding specific addresses of lost loved ones as well as famous leaders of our world such as Queen Elizabeth.

Mon		Activity Center
Jun 27	9:30-11:30am	\$5

## SENIOR OUTINGS

### Out to Lunch

Enjoy a no-host lunch at new and old favorite eateries all around the Sound.

### Age 50+\$10 Transportation Fee

Fridays	Departures 10-11am / Returns 2pm
Jun 10	Crab Pot Seafood - Bellevue
Jul 8	Black Diamond Bakery & Restaurant
Aug 12	Anthony's - Tacoma Waterfront





### Tai Chi - NEW Instructor

This class will introduce the basic movements of Tai Chi with focus on the fundamentals of the practice and emphasis on relaxation. By the end of the 6 weeks, students will have learned a beginning Tai Chi pattern from the Standard 24 form. This course is geared toward students who are new to Tai Chi, but all students, regardless of experience are welcome. Wear comfortable, loose clothing. No class on July 4. Instructor: John Lindsay

**Adults** **Beach Park Dining Hall**  
 Mon/Wed Jun 6- Jul 18 11-12noon \$60

### Senior Dance

Dancing stimulates your mind, body and soul! Stafford Healthcare provides hot beverages.

**Sun** **Activity Center**  
 May 22 1-3pm \$5  
 Jun 26 1-3pm \$5  
 Jul 24 1-3pm \$5  
 Aug 28 1-3pm \$5

### Dance for Parkinson's (For adults with movement issues)

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears, and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience is necessary. Classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register at [www.nwpf.org/](http://www.nwpf.org/) or call 1-877-980-7500.

**Adults** **Activity Center**  
**\$5 Suggested Donation/8weeks**  
 Mon Jun 6- Aug 1 2-3:30pm



## SENIOR ACTIVITIES



### Golf Outings Summer 2016

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis, or meet at the course. All players draw numbers to determine playing partners and tee position. Departure from DMAC varies from 8-8:30am. Return time varies.

#### Age 50+ and \$10 transportation fee.

Mondays	Course/City	Green Fees
May 23	Tahoma Valley, Yelm	\$15
Jun 6	Madronna, Gig Harbor	\$18
Jun 20	Mystery Trip	\$29
Jul 11	Cascade, North Bend	\$16
Jul 25	Home Course, Dupont	\$26
Aug 8	Fort Lewis, Dupont	\$15
Aug 22	Twin Rivers, Fall City	\$19

### Horticulture Trips Summer 2016

The \$10 transportation fee does not reflect a no host lunch or garden admission fees.

Age 50 +	\$10 Transportation fee
FRIDAY DEPARTURE	DESTINATION/DETAILS
May 20 9am	Cottage Gardens, Lake Forest Park \$5 admission – Seattle Brown bag lunch
Jun 10 9am	Sorticulture, Everett College, Shuttle fare \$1 – Everett, Lunch at the festival
Jun 17 9:15am	Closed Loop Park Garden, Lacey Brown bag lunch
Jul 15 9am	North Bend Gardens Mt. Si Lunch at Snoqualmie Casino
Jul 22	Swanson's Nursery & Home & Garden Art - Seattle Lunch at Swanson's
Aug 19 9:30am	Edgewood Gardens Lunch at Olive Garden



## ADULT LEAGUES

### Adult Men & Coed Softball League

Fall ball is approaching soon! Get to first base with your team and sign-up for a 12-game season topped off with a double elimination post season tournament.

Registration Deadline: Jul 12      Coaches Meeting: Jul 12

Adults      \$940R \$995NR

Coed Recreation Division Mon Evenings      Starts Aug 8

Men's Recreation Division Tue Evenings      Starts Aug 9



### Adult Coloring Book Club

Remember the fun and pleasure of coloring in your favorite coloring book? Coloring is BACK in a BIG way and we are hosting an Adult Coloring Book Club as part of our Artists R Us program. Bring your coloring book and colored pencils/ crayons, or a coloring page & colors will be provided for you. Research shows that coloring eases stress, provides a chance to unplug, and relaxes you.

**Adults**      **Activity Center**  
Wed      Ongoing      9:30-11:30am      \$1 donation

## ADULT ENRICHMENT

### Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer.



### Dogs 4+ months

**Thu**  
**Field House**

Jul 7-Aug 11      7:15-8:15pm      \$93R \$100NR

Aug 25-Sep 29      7:15-8:15pm      \$93R \$100NR

## ADULT/ SENIOR FITNESS

### Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Group Health and Sound Generations. Instructor: Yu San Gartz

**Adults**      **Field House**

Tue/Thu/Fri\*\*      9:20-10:20am      \$40

Jun 2-30\*      7:15-8:15am or 8:30-9:30am      \$43

July 5-29      7:15-8:15am or 8:30-9:30am      \$40

Aug 2-30      7:15-8:15am or 8:30-9:30am      \$40

\* Effective Thursday, June 16th, class time change to 7:15-8:15am or 8:30-9:30am.

\*\* Instead of meeting on the first Friday of the month, the class will meet the following Mondays, Jun 6, Jul 11, Aug 1.

### *New!* Drop-In Discussions

Hosted by social workers from Judson Park Retirement Community, join us for healthy snacks and a 45-minute monthly topic for mental health discussions. Program offered the 3rd Tuesday of the month.

**Adults**      **Activity Center**

Tue      May 17, Jun 21, Jul 19, Aug 16      11:00-12:00pm      Free

### *New!* InterPlay

We often forget our bodies hold wisdom and fun. We will use gentle movement, telling small everyday stories and humming along with our neighbors to have fun, create community, and reconnect with our bodies. Come play with us! Instructor: Pat Doheny.

**Adults**      **Wesley Gardens**

Thu      Jun 16-Jul 21      10am-12noon      \$37

### Zumba

Ditch the workout - Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a unique program that will blow you away and help you achieve long term benefits.

**Adults**      **Field House**

Mon      Ongoing      6-7pm

5 Class punch card      \$35R \$40NR

Drop-in      \$10



# Des Moines Beach EVENT GUIDE

tothebeachwa.com

## TO THE BEACH →

**Saturdays • June-September**

**Wednesdays • July-August**

### *Des Moines Farmers Market*

The Des Moines Farmers Market is unique in the region and a proud sponsor of the Summer Concert Series at the Des Moines Beach Park Event Center.

**June-August 2016**

### *Kayak and Paddleboard Adventures*

The Olympic Outdoor Center invites you to serious fun at Redondo Beach Sunset tours and equipment rentals offered daily.

**Tuesdays • June 2016**

### *Three Tree Point Sailing Social*

The Three Tree Point Yacht Club races at the Marina!

**Saturday • June 4, 2016 (year-round)**

### *Art on Poverty Bay*

The Des Moines Arts Commission invites you to visit the Outdoor Sculpture Gallery locations at Redondo Beach and Marina District.

**Saturday • June 18, 2016**

### *Washington's Strongest Apple*

This fun event starts at 10 a.m. at the City of Des Moines Marina.

**Monday • July 4, 2016**

### *Fireworks over Des Moines*

Destination Des Moines proudly presents Fireworks over Des Moines Independence Day Celebration. It has been a tradition within our community for many years. Celebrate with us on the water's edge!

**Wednesday • July 6, 2016**

### *Smoke on the Water Community BBQ*

Destination Des Moines invites you to enjoy great BBQ, a Beer and Wine Garden, Root Beer Float station, and live music!

**Saturday-Sunday • July 16-17, 2016**

### *Dive Around the Clock*

This annual 24-hour scuba diving relay dive-a-thon at Redondo Beach.

**July-August 2016**

### *Cultural Celebrations at Saltwater State Park*

Southeast Asian Cultural Celebration • July 16  
Flute Quest Native American Flute Festival • August 19-21  
Cambodian Cultural Celebration • August 27

**Friday-Sunday • July 22-24, 2016**

### *Waterland Festival & Parade*

Destination Des Moines invites you to this year's Waterland Festival weekend. Featuring a kids carnival, parade, and car/motorcycle/wooden boat show. Family friendly community events with something for everyone!

**Wednesdays • July-August**

### *Beach Park Summer Concerts*

#### **Shakespeare in the Park • August 17**

Destination The Des Moines Arts Commission sponsor these FREE community events. Beer and Wine Garden on-site.

**Fridays • August 12 & 19, 2016**

### *Movies in the Beach Park*

Great family fun! Movies at dusk.

**Saturday • August 27, 2016**

### *Poverty Bay Brews & Blues*

The Des Moines Rotary invites you to enjoy a day filled with great blues musicians and brews from craft breweries at the Beach Park. Visit [drinktomusic.com](http://drinktomusic.com) for more information.

**Friday • September 16, 2016**

### *Poverty Bay Arts Gala*

Des Moines Legacy foundation presents an evening of great art and music for sale to benefit the Des Moines Arts Commission's annual events. Eat, drink, and buy ART!

**Sunday • October 23, 2016**

### *Seattle Symphony*

The City of Des Moines hosts this fabulous free community concert at the Beach Park Event Center at noon.

**Monday • October 31, 2016**

### *Trick or Treat Path & Carnival*

Destination Des Moines is proud to present a safe and entertaining path of businesses for all children to walk along and gather treats followed by a carnival at the Des Moines Field House.

**Saturday • November 5, 2016**

### *Squid-A-Rama*

In partnership with the MaST Center at Redondo; The Des Moines Arts Commission's free community event featuring squid!

**Friday • December 2, 2016**

### *Des Moines Tree Lighting*

Destination Des Moines presents this free community event with cookies, hot cocoa, caroling, and photos with Santa.

**December 2016**

### *Argosy Cruises Christmas Ships & Bonfires*

The Argosy Christmas Ship Festival is a Pacific Northwest tradition. Choirs on-board sing to people at roaring bonfires at Beach Park and Redondo Beach.

**Friday-Saturday • March 3-4, 2017**

### *Poverty Bay Wine Festival*

The Des Moines Rotary Club invites you to the annual Poverty Bay Wine Festival with over twenty of Washington State's finest wineries.



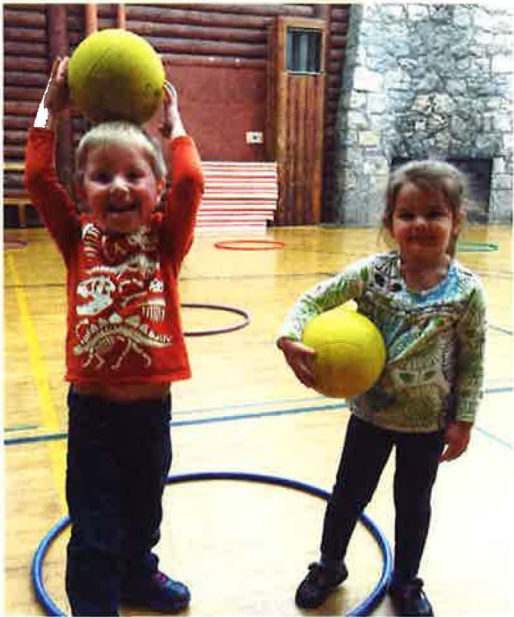


## YOUTH ACTIVITIES

### Indoor Tot Time

Keep your little ones active with age appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand. Join in the fun and watch them make new friends along the way.

**Ages 2-5**      **\$20 Punch Card or \$3 Visit**      **Field House**  
 Mon/Wed      Now - Jun 8      10am-12pm



### Mini Kickers

Start soccer off right with an introduction to warming-up, stretching, dribbling, passing, shooting and defensive work. It's a great opportunity for kids to meet other kids from the community. Facilitators: Staff.

**Age 3-5**      **\$35R \$40NR**  
**Field House**  
 M-F      June 20-24      5-6pm  
 M-F      Aug 8-12      9-10am

### Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 9th Degree Master

Fee: All participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniform optional and available from instructor.

### Tiny Tigers Kung Fu & Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids including bag kicking and sword play for fun.

**Ages 3-6**      **Field House**  
 Wed      Jun 22-Aug 10      4:20-4:50pm      \$90R \$100NR

### Tiger Kids/Family Martial Arts & Fitness

Description: Kid's & their Parents or just the kids can have fun while developing coordination, focus and fitness.

Students can progress in Belts & learn the simple moves of Taekwondo/Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu step by step promoting confidence, achievement & safety skills. Bag Kicking & Jedi Warrior sparring also for fun.

**Ages 7 yrs +**      **Field House**  
**Colored belts**  
 Wed      Jun 22-Aug 10      4:50-6:00pm      \$90R \$100NR

### Kokondo Martial Arts

Learn basic karate including blocks, kicks and strikes. Emphasis placed on effective street self-defense; you will learn to defend yourself against punches, grabs, chokes, bear hugs and more. Instructor: Gerry Flock

**Age 12+**      **Field House**  
 Wed/Fri      Jun 1-29      5-6:30pm      \$28R \$33 NR  
 Wed/Fri      Jul 6-29      5-6:30pm      \$28R \$33 NR  
 Wed/Fri      Aug 3-31      5-6:30pm      \$28R \$33 NR

## TEEN

### Better Babysitters Class

Participants receive the knowledge and confidence to care for infants to school-age children through videos, activities, hands-on training and discussion for a complete learning experience. Babysitter Training teaches how to: respond to emergencies, make decisions, communicate with parents, manage children, feed, diaper and care for infants and start a babysitting business. Bring a sack lunch and a snack. Bring \$16.50 materials fee to instructor, first day of class. Instructor: Gaylynn Smith, Pro Cert.

**Ages 11-15**      **Des Moines Police Station**  
 Sat      Jul 23      8:30-2:30pm      \$60R \$70NR

**OUTDOOR FAMILY MOVIE NIGHT**  
 Fri @ Dusk, Beach Park Meadow

**Aug 12** : The Sponge Bob Movie: Sponge Out of Water  
**Aug 19**: Zootopia





## YOUTH CAMPS

### Youth Sailing Camp

Designed for kids, this course combines on-the-water experience with dock-side activities and trainings. Focus is on safety on the water, sailing basics nomenclature, wind awareness, rigging, rules of the road and sailing etiquette. On the water instruction takes place just west of the main breakwater. Instructors accompany students with a chase boat.

**Age 11-15      \$55R \$65 NR\*      Des Moines Marina**

\*K2 Camp participants are eligible for fee reduction.

Beginning Youth		
M-F	Aug 1-5	1-4pm
Beginning Youth		
M-F	Aug 8-12	5-8pm
Intermediate Youth		
M-F	Aug 15-19	5-8pm
Intermediate Youth		
M-F	Aug 22-26	1-4pm

### Hardwood Basketball Camp

Players will receive expert instruction focused on individual development and team work. Improve dribbling, shooting, rebounding, and other essential basketball skills and use them in games and competition. Facilitator: Coach Ken Bush.

<b>Age 7-11</b>	<b>\$100R \$110NR</b>	<b>TBD</b>
M-Th	TBA	9am-12pm
<b>Age 12-16</b>	<b>\$100R \$110NR</b>	<b>TBD</b>
M-Th	TBA	1-4pm

## FRIENDSHIP FITNESS FUN(D)

Recreation programs provide opportunities for friendship to bloom, wellness to thrive and community bonds to strengthen all under the concept of Fun! Des Moines Parks & Recreation partners with Des Moines Legacy Foundation and Rotary Club of Des Moines to offer **Friendship Fitness Fun(d) Scholarships** for families in need.



Your contribution provides gifts of joy for scholarship recipients and is a long-term investment in our community's well-being. The success is dependent on your ongoing contributions.

### TWO WAYS TO MAKE A TAX DEDUCTIBLE CONTRIBUTION TO THE FRIENDSHIP FITNESS FUN(D):

- ✦ **Make a \$1 or more contribution** each time you enroll in a Parks, Recreation and Senior Services program or schedule a facility or field.
- ✦ **Contribute to Des Moines Legacy Foundation-Youth Scholarship Fund** Des Moines Legacy Foundation: PO Box 13582 Des Moines WA 98198 [www.desmoineslegacy.org](http://www.desmoineslegacy.org)



**IN NEED OF FINANCIAL ASSISTANCE?**  
Complete an application call **206-870-6527**.

## Picnic in the Park!

Be part of a new summer activity featuring a nutritional lunch, snack and supervised recreation activities. Trained Parks and Recreation staff lead activities that promote fun, fitness, creativity and offer youth the opportunity to develop friendships through active play, arts and crafts, games and team building. Children are free to come and go during the day and pre-registration is suggested. Drop-ins welcome!

**FREE!**

<b>Ages 1-18</b>	<b>Redondo Beach</b> (Boardwalk) Lunch 11:30 - 12:30 Activities 12:30 - 2:00 Snack 2:00 - 2:30
<b>Midway Park</b> Lunch 12:30 - 1:00 Activities 1:00 - 2:45 Snack 2:45 - 3:00	<b>Beach Park</b> Snack 2:00 - 2:15
<b>Field House Park</b> Lunch 11:30 - 12:00 Snack 2:30 - 2:45	<b>Farmers Market</b> Sat - Jun 18 - Aug 27 Snack 10:00 - 11:00 Lunch 11:30 - 1:00 Wed - Jul 6 - Aug 31 Snack 3:00 - 4:00 Supper 4:30 - 6:30
<b>Parkside Elementary</b> Lunch 12:30 - 1:00 Activities 1:00 - 2:30 Snack 2:30 - 2:45	







## Great Tasting Lunchmeat

### LEAGUES

#### New! Flag Football

Registration is open between May 16 and Jul 15. Birth Certificates are required. Coed grades 3-4, coed grades 5-6, coed grades 7-8.



**Season Dates: Jul 25-Oct 1**  
**Des Moines Fields**

\$70R \$80NR    May 16 - Jun 30  
\$80R \$90NR    Jul 1 - Jul 15

#### Fall Youth Recreation Soccer League

Registration is open between June 1 and Aug 12. Birth Certificates are required. U-6 coed age 3-5, U-8 coed age 6-7, U-10 boys age 8-9, U-10 girls age 8-9

**Season Dates: Aug 22-Oct 29**                      **Des Moines Fields**

\$65R \$75NR    Jun 1-30  
\$70R \$80NR    July 1-29  
\$85R \$95NR    Jul 30 - Aug 12

#### Coaches Meeting Information

Coach Pitch	May 24	5:30pm
T-Ball	May 24	5:30pm
Flag Football	Jul 12	5:30pm
Fall Soccer	Aug 9	5:30pm

Field House



### SPORTS CAMPS

#### Baseball Camp

Hitting - Throwing - Fielding - Games & Scrimmages

This youth baseball camp for children 8-13 years is well suited for all players, from the aspiring to the elite. Instructor Steve Goucher is a former professional baseball player and Atlanta Braves scout. Steve has over 15 years' experience instructing baseball at all levels. Many of his students have gone on to play college baseball, with a few in the big leagues. Advanced registration is required.

<b>2-day camp</b>	<b>Jul 14-15</b>	<b>SJUMP</b>
Th-F	9am-12pm	\$65R \$70NR
<b>4-day camp</b>	<b>Aug 22-25</b>	<b>SJUMP</b>
M-Th	9am-12pm	\$130 \$140NR

#### Basketball Training/Clinic

Des Moines Parks and Recreation is the place to go if you want to develop as a basketball player. Michael and Marv Johnson of the Johnson Boys B-Ball Training, formerly of South Sound Athletics are here to help. They have helped train NBA players like Jamal Crawford, Rodney Stuckey, Nate Robinson, and Isiah Thomas. All levels are welcome, they cover shooting, ball handling, passing, and how to play without the ball in hands. Sign up now and you will become a better player and learn what it takes to get as good as you want. Basketball is a journey.

<b>Grade 4-8</b>	<b>\$135R/\$145NR</b>	<b>Field House</b>
Tue	Jun 7-28	5:30-7:00pm
Tue	Jul 5-26	5:30-7:00pm
Tue	Aug 2-23	5:30-7:00pm
<b>Grade 9-12</b>	<b>\$135R/\$145NR</b>	<b>Field House</b>
Thu	Jun 9-30	5:30-7:00pm
Thu	Jul 7-28	5:30-7:00pm
Thu	Aug 4-25	5:30-7:00pm

#### UK International Soccer

They are back for an exciting camp! Coaches: UK professionals.

<b>July 25-29</b>		<b>Field House</b>
Age 4-14	9am-12pm	\$105R \$115NR half-day
Age 8-14	9am-3pm	\$155R \$165NR full-day

Interested in hosting a UK Coach for the week? Contact Stewart at [stewart.boniface@uksocca.com](mailto:stewart.boniface@uksocca.com) or go to [www.uksocca.com](http://www.uksocca.com) for details. The original community camp for the recreation and developmental player within your community. Our "Inspire" curriculum is designed and utilized to not only teach children how to improve as a soccer player, it also helps them to achieve their goals off the field by improving their self-motivation and skill learning behaviors.



## Club KHAOS



### Break Time

This is where to turn when your child is off-school and you are on-work! Children keep fit participating in active games and athletics. You send lunch, we provide nutritional snacks!

6:30am-6:00pm

Field House

Day	Dates	District	Camp	Res/Non Res
Thu-Fri	Jun 16-17	FW	Pre Summer	\$60 \$65
Fri	Jun 17	H	Pre Summer	\$35 \$37

## Camp KHAOS

(Kids Having An Outrageous Summer!)

Mon - Fri 6:30am-6pm

Field House



Let us fill your child's summer days with play, fitness, friendship and new experiences under the supervision of caring, experienced camp staff. Leaders plan amazing activities – arts, outdoor games, friendly challenges and swimming all around a fun weekly theme. It's all here! All participants receive a Camp KHAOS T-shirt.

Multiple child discounts are applied within immediate family. Call 206-870-6527 for information.

Note: \$10 Discount when registered and paid one week in advance.

**Registration fee \$30R/\$35NR per child.**

### Camp KHAOS (Pre K to 6th)

Weeks 1, 2, 4-11	\$175R \$185 NR
Week 3	\$140R \$150NR
Week 11 HSD Only	\$105R \$115 NR
Daily Rate w/o Field Trip	\$45R \$50NR
Daily Rate w/Field Trip	\$55R \$60NR

### K2 Teens (Grades 7-9)

K2 will have your teen out on adventures throughout the week building new friendships, playing games, and creating memories! K2-Teens will join in on KHAOS trips and the K2 trip listed.

### Age 12-15

Weeks 1, 2, 4-11	\$190R \$205NR
Week 3	\$155R \$165NR
Week 11 HSD Only	\$115R \$125NR
Daily Rate w/o Field Trip	\$50R \$55NR
Daily Rate w/Field Trip	\$60R \$65NR

Free daily Lunch and snack for All KHAOS.



WEEK	DATES	THEMES/HIGHLIGHTS	WEEKLY ADVENTURE
1	Jun 20-24	TAG, You're It	KHAOS & K2 - TAG Zone – K2 - Community Care
2	Jun 27-Jul 1	Creepy, Crawly Scaly Time	KHAOS & K2 - Reptile Man K2 - EMP
3	Jul 5-8	Animals Galore	KHAOS & K2 - Woodland Park Zoo K2 - Laser Quest
4	Jul 11-15	Skate It Up	KHAOS & K2 – Pattison's West Roller Skating K2- Community Care
5	Jul 18-22	Sports Storm Blowout	KHAOS & K2 – Storm Game K2 – Hike to Twin Falls
6	Jul 25-9	Jump Around	KHAOS & K2 – Trampoline Nation K2- Kayak Trip (Fox Island)
7	Aug 1-5	Splish Splash Beach Bash	KHAOS & K2 – Dash Point State Park K2 – Rainiers Game
8	Aug 8-12	Pin Knockout	KHAOS & K2 – Bowling (Hi-Line Lanes) K2 – Camp Long
9	Aug 15-19	Fun and Games	KHAOS & K2 – Family Fun Center K2 – IMAX
10	Aug 22-26	Backyard BBQ	KHAOS & K2 – BBQ at Coulon K2 – Wild Waves
11	Aug 29-Sep 2	Let's go to the Movies	KHAOS & K2 – Movie Theater

### Swimming Lessons

The KHAOS Swimmer's Shuttle transports Camp KHAOS campers to lessons at Mt. Rainier Pool.

**10-lessons M-F Morning Swim Lessons \$70**

Session-1	Jun 20-Jul 1
Session-2	Jul 4*-15
Session-3	Jul 18-29

\* July 4th parents need to transport children on their own.



# NORMANDY PARK market

**Locally Owned**  
**Competitive Pricing**  
**Community Driven**

19805 1st Ave S, Suite 100, Normandy Park, WA 98148

(206) 651-7794

7am-10pm 7 days



Visit our quality produce department. A large selection of organic items. Many items from local farms. See **Sandi**, our produce manager for any questions and requests.

Our award winning floral manager **Felisa**, can help you with your floral design needs and help you get that "just right" bouquet !

Are you looking for the perfect wine, beer or spirits ? See **Kevin**, and he will help you find it. On Friday afternoons, Kevin will be pouring some of our best wines for you to taste !

See our bakery department for custom cakes, pastries and cookies. **Mollie** will design something for your special occasion!

See all our specials in our weekly ad , and look throughout the store for extra special deals ! Get on our email list and like us on Facebook to find out what's happening at Normandy Park Market.

**NORMANDY PARK MARKET. IT'S YOUR MARKET !**

[www.normandyparkmarket.com](http://www.normandyparkmarket.com) • [facebook.com/normandyparkmarket](https://facebook.com/normandyparkmarket)





Your Guide to Des Moines Parks, Recreation & Senior Services



# Rec'n 2011

Summer 2016

**Camps,  
Camps,  
& More  
Camps!**



- **New - Flag Football!**
- **Summer Events Calendar**
- **Adult Fitness Programs**

